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Great Yarmouth and Gorleston Sure Start Children's Centres

Baby Nutrition Group

For expectant mums, partner & supporters
1st Fri of the month - 7 Sep | 5 Oct | 2 Nov | 7 Dec

Seagulls Children's Centre 1st Fri 10.00-12.00



A practical session designed to help you and your baby get off to the best start. Designed for mums from 26 weeks pregnant.

We will give you information on different types of milk, sterilising, the benefits of breastfeeding - and a practical session on position and attachment to help you get feeding off to a good start.

Contact: 01493 660090

Find us at:
www.priorycentre.co.uk



Great Yarmouth Community Trust
at the Priory Centre
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