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Great Yarmouth and Gorleston Sure Start Children's Centres

Bump2Baby

Weekly group for expectant and new mums who are experiencing anxiety or low mood. Please ask to be referred to this group by your midwife, or call our team for more info.

Priory Children's Centre

Mon

1.00-2.30



Having a new baby can be an emotional time. Bump2Baby is a space for you to think about you and your baby and your future together.

You will have the opportunity to talk to other new mums, and mums to be, about your feelings in those first few months in a supportive and confidential way.

Call for details: 01493 743034

Find us at:
www.priorycentre.co.uk



Great Yarmouth Community Trust
at the Priory Centre
@priorycentregy

James Paget University Hospitals 
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